

# Welcome to Bystander Intervention

to stop anti-Asian/American and xenophobic harassment

Community Training  
Thursday, May 13th 2021 • 5:30-6:30 PM PDT

Click [here](#) to register.



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Anti-Asian/American and xenophobic harassment are on the rise across the US — and the world. In this virtual workshop hosted on Zoom and co-sponsored by Asian Americans Advancing Justice - Asian Law Caucus and Hollaback!, we'll learn how you can intervene effectively as a bystander without ever compromising your safety.

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The one-hour, interactive training will teach you Hollaback!'s 5D's of bystander intervention methodology. We'll start by talking about the types of disrespect that Asian and Asian American folks are facing right now - from microaggressions to violence - using a tool we call the "spectrum of disrespect." You'll learn what to look for and the positive impact that bystander intervention has on individuals and communities. We'll talk through five strategies for intervention: distract, delegate, document, delay and direct; and how to prioritize your own safety while intervening. We'll have time at the end for practice and you'll leave feeling more confident intervening the next time you see anti-Asian/American harassment online or in person.



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